








MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>where change happens. For all fitness levels</p>  <p>HOT DOG DAYS TUE 12PM - 2PM</p>	<p>SCHEDULE CHANGE: BEGINNING JUNE 7 THERE WILL NO LONGER BE ZUMBA GOLD ON TUESDAYS AT 11:30AM BEGINNING JULY IT WILL BE REPLACED WITH CHAIR ZUMBA</p>	<p>1 9:00-12pm ANGELS ABOVE 9:15 DAILY EXERCISE 11:00 MOVING TO THE DRUMS 12:30 ZUMBA GOLD 1:30 BUNCO 3:30 YOGA</p>	<p>2 9:00-12pm ANGEL WINGS 9:30 PILATES - NEW 11:00 CARDIO DRUMMING 12:30 POKER 1:00 PINOCHLE 1:00 CHAIR YOGA GOLF LEAGUE (8-9am tee time)</p>	<p>3 9:15 DAILY EXERCISE 11:00 MOVING TO THE DRUMS 12:30 ZUMBA GOLD Westland Friendship Center 5K 9am Step Into Spring</p>
<p>6 9:15 DAILY EXERCISE 11:00 MOVING TO THE DRUMS 12:30 ZUMBA GOLD 2:00 PING-PONG 3:30 YOGA</p>	<p>7 9:15 CARDIO DRUMMING 10:30 BEGINNING PILATES - NEW 12:30 POKER 1:00 EUCHRE 1:00 CHAIR YOGA 3:00 LINE DANCING</p> 	<p>8 9:00-12pm ANGELS ABOVE 9:15 DAILY EXERCISE 11:00 MOVING TO THE DRUMS 12:30 ZUMBA GOLD 1:30 BUNCO 3:30 YOGA</p>	<p>9 9:00-12pm ANGEL WINGS 9:30 PILATES - NEW 11:00 CARDIO DRUMMING 12:30 POKER 1:00 PINOCHLE 1:00 CHAIR YOGA GOLF LEAGUE (8-9am tee time)</p>	<p>10 9:15 DAILY EXERCISE 11:00 MOVING TO THE DRUMS 12:30 ZUMBA GOLD KARAOKE CLUB 1:00 PM</p>
<p>13 9:15 DAILY EXERCISE 11:00 MOVING TO THE DRUMS 12:30 ZUMBA GOLD 2:00 PING-PONG 3:30 YOGA</p>	<p>14 9:15 CARDIO DRUMMING 10:30 BEGINNING PILATES - NEW 12:30 POKER 1:00 EUCHRE 1:00 CHAIR YOGA 2:30 WOMEN OF THE BIBLE - NEW 3:00 LINE DANCING</p> 	<p>15 9:00-12pm ANGELS ABOVE 9:15 DAILY EXERCISE 11:00 MOVING TO THE DRUMS 12:30 ZUMBA GOLD 1:30 BUNCO 3:30 YOGA</p>	<p>16 9:00-12pm ANGEL WINGS 9:30 PILATES - NEW 11:00 CARDIO DRUMMING 12:30 POKER 1:00 PINOCHLE 1:00 CHAIR YOGA GOLF LEAGUE (8-9am tee time)</p> 	<p>17 9:15 DAILY EXERCISE 11:00 MOVING TO THE DRUMS 12:30 ZUMBA GOLD</p>
<p>20 9:15 DAILY EXERCISE 11:00 MOVING TO THE DRUMS 12:30 ZUMBA GOLD 2:00 PING-PONG 3:30 YOGA</p>	<p>21 9:15 CARDIO DRUMMING 10:30 BEGINNING PILATES - NEW 12:30 POKER 1:00 EUCHRE 1:00 CHAIR YOGA 3:00 LINE DANCING</p> 	<p>22 9:00-12pm ANGELS ABOVE 9:15 DAILY EXERCISE 11:00 MOVING TO THE DRUMS 12:30 ZUMBA GOLD 1:30 BUNCO 3:30 YOGA</p>	<p>23 9:00-12pm ANGEL WINGS 9:30 PILATES - NEW 11:00 CARDIO DRUMMING 12:30 POKER 1:00 PINOCHLE 1:00 CHAIR YOGA GOLF LEAGUE (8-9am tee time)</p>	<p>24 NO CLASSES FIELD DAY LET THE GAMES BEGIN!</p>
<p>27 9:15 DAILY EXERCISE 11:00 MOVING TO THE DRUMS 12:30 ZUMBA GOLD 2:00 PING-PONG 3:30 YOGA</p>	<p>28 9:15 CARDIO DRUMMING 10:30 BEGINNING PILATES - NEW 12:30 POKER 1:00 EUCHRE 1:00 CHAIR YOGA 2:30 WOMEN OF THE BIBLE - NEW 3:00 LINE DANCING</p> 	<p>29 9:00-12pm ANGELS ABOVE 9:15 DAILY EXERCISE 11:00 MOVING TO THE DRUMS 12:30 ZUMBA GOLD 1:30 BUNCO 3:30 YOGA</p>	<p>30 9:00-12pm ANGEL WINGS 9:30 PILATES - NEW 11:00 CARDIO DRUMMING 12:30 POKER 1:00 PINOCHLE 1:00 CHAIR YOGA</p>	<p>31 9:15 DAILY EXERCISE 11:00 MOVING TO THE DRUMS 12:30 ZUMBA GOLD</p>