

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>9:15 DAILY EXERCISE</p> <p>10:30 ZUMBA GOLD</p> <p>11:30 CHAIR AEROBICS</p> <p>1:30 SCREW YOUR NEIGHBOR</p> <p>2:00 PING-PONG/CORN HOLE</p> <p>1:00PM </p>	<p>3</p> <p>9:15 CARDIO DRUMMING</p> <p>10:45 BEGINNING PILATES</p> <p>11:45 CHAIR ZUMBA</p> <p>12:30 POKER</p> <p>1:00 EUCHRE</p> <p>1:00 CHAIR YOGA</p> <p>3:00 LINE DANCING</p> <p>12:30 STRESS REDUCTION WORKSH</p> <p>5:00 GLEE CLUB - NEW</p> <p>5:30 YOGA</p>	<p>4</p> <p>9:15 DAILY EXERCISE</p> <p>10:00-12pm ANGELS ABOVE</p> <p>10:30 ZUMBA GOLD</p> <p>11:30 CHAIR AEROBICS</p> <p>1:30 BUNCO</p> <p>12pm - 3pm TECH TALK W/JULIE</p> <p>5:00 CARDIO DRUMMING *NEW</p> <p>9AM-3PM MESSAGES</p>	<p>5</p> <p>9:00-12pm ANGEL WINGS</p> <p>9:15 PILATES</p> <p>9:30 QUILTING</p> <p>10:30 CARDIO DRUMMING</p> <p>11:45 CHAIR ZUMBA</p> <p>12:30 POKER</p> <p>1:00 PINOCHLE</p> <p>1:00 CHAIR YOGA</p> <p>2:30 PING-PONG / CORN HOLE</p> <p>5:30 YOGA</p>	<p>6</p> <p>9:15 DAILY EXERCISE</p> <p>10:30 BARRE & CORE</p> <p>11:50 SIT AND GET FIT</p> <p>1:00 ZUMBA GOLD</p> <p>1:30 SCREW YOUR NEIGHBOR</p> <p>12PM </p>
<p>9</p> <p>9:15 DAILY EXERCISE</p> <p>10:30 ZUMBA GOLD</p> <p>11:30 CHAIR AEROBICS</p> <p>1:30 SCREW YOUR NEIGHBOR</p> <p>2:00 PING-PONG/CORN HOLE</p>	<p>10</p> <p>9:15 CARDIO DRUMMING</p> <p>10:45 BEGINNING PILATES</p> <p>11:45 CHAIR ZUMBA</p> <p>12:30 POKER</p> <p>1:00 EUCHRE</p> <p>1:00 CHAIR YOGA</p> <p>3:00 LINE DANCING</p> <p>5:00 GLEE CLUB - NEW</p> <p>5:30 YOGA</p>	<p>11</p> <p>9:15 DAILY EXERCISE</p> <p>10:00-12pm ANGELS ABOVE</p> <p>10:30 ZUMBA GOLD</p> <p>11:30 CHAIR AEROBICS</p> <p>1:30 BUNCO</p> <p>12pm - 3pm TECH TALK W/JULIE</p> <p>5:00 CARDIO DRUMMING *NEW</p> <p>9AM-3PM MESSAGES</p>	<p>12</p> <p>9:00-12pm ANGEL WINGS</p> <p>9:15 PILATES</p> <p>9:30 QUILTING</p> <p>10:30 CARDIO DRUMMING</p> <p>11:45 CHAIR ZUMBA</p> <p>12:30 POKER</p> <p>1:00 PINOCHLE</p> <p>1:00 CHAIR YOGA</p> <p>2:30 PING-PONG / CORN HOLE</p> <p>5:30 YOGA</p>	<p>13</p> <p>9:15 DAILY EXERCISE</p> <p>10:30 BARRE & CORE (NEW)</p> <p>11:50 SIT AND GET FIT</p> <p>1:00 ZUMBA GOLD</p> <p>1:30 SCREW YOUR NEIGHBOR</p>
<p>16</p> <p><i>Closed for President's Day Monday</i></p>	<p>17</p> <p>9:15 CARDIO DRUMMING</p> <p>10:45 BEGINNING PILATES</p> <p>11:45 CHAIR ZUMBA</p> <p>12:30 POKER</p> <p>1:00 EUCHRE</p> <p>1:00 CHAIR YOGA</p> <p>3:00 LINE DANCING</p> <p>5:00 GLEE CLUB - NEW</p> <p>5:30 YOGA</p> <p>12PM </p>	<p>18</p> <p>9:15 DAILY EXERCISE</p> <p>10:00-12pm ANGELS ABOVE</p> <p>10:30 ZUMBA GOLD</p> <p>11:30 CHAIR AEROBICS</p> <p>1:30 BUNCO</p> <p>12pm - 3pm TECH TALK W/JULIE</p> <p>4:00-7:00PM </p> <p>5:00 CARDIO DRUMMING *NEW</p> <p>9AM-3PM MESSAGES</p>	<p>19</p> <p>9:00-12pm ANGEL WINGS</p> <p>9:15 PILATES</p> <p>9:30 QUILTING</p> <p>10:30 CARDIO DRUMMING</p> <p>11:45 CHAIR ZUMBA</p> <p>12:30 POKER</p> <p>1:00 PINOCHLE</p> <p>1:00 CHAIR YOGA</p> <p>2:30 PING-PONG / CORN HOLE</p> <p>5:30 YOGA</p> <p></p>	<p>20</p> <p>9:15 DAILY EXERCISE</p> <p>10:30 BARRE & CORE (NEW)</p> <p>11:50 SIT AND GET FIT</p> <p>1:00 ZUMBA GOLD</p> <p>1:30 SCREW YOUR NEIGHBOR</p> <p>10AM </p>
<p>23</p> <p>9:15 DAILY EXERCISE</p> <p>10:30 ZUMBA GOLD</p> <p>11:30 CHAIR AEROBICS</p> <p>1:30 SCREW YOUR NEIGHBOR</p> <p>2:00 PING-PONG/CORN HOLE</p>	<p>24</p> <p>9:15 CARDIO DRUMMING</p> <p>10:45 BEGINNING PILATES</p> <p>11:45 CHAIR ZUMBA</p> <p>12:30 POKER</p> <p>1:00 EUCHRE</p> <p>1:00 CHAIR YOGA</p> <p>3:00 LINE DANCING</p> <p>5:00 GLEE CLUB - NEW</p> <p>5:30 YOGA</p>	<p>25</p> <p>9:15 DAILY EXERCISE</p> <p>10:00-12pm ANGELS ABOVE</p> <p>10:30 ZUMBA GOLD</p> <p>11:30 CHAIR AEROBICS</p> <p>1:30 BUNCO</p> <p>12pm - 3pm TECH TALK W/JULIE</p> <p>5:00 CARDIO DRUMMING *NEW</p> <p>10AM - FRAUD SEMINAR</p> <p>9AM-3PM MESSAGES</p>	<p>26</p> <p>9:00-12pm ANGEL WINGS</p> <p>9:15 PILATES</p> <p>9:30 QUILTING</p> <p>10:30 CARDIO DRUMMING</p> <p>11:45 CHAIR ZUMBA</p> <p>12:30 POKER</p> <p>1:00 PINOCHLE</p> <p>1:00 CHAIR YOGA</p> <p>2:30 PING-PONG / CORN HOLE</p> <p>5:30 YOGA</p> <p></p> <p></p>	<p>27</p> <p>9:15 DAILY EXERCISE</p> <p>10:30 BARRE & CORE (NEW)</p> <p>11:50 SIT AND GET FIT</p> <p>1:00 ZUMBA GOLD</p> <p>1:30 SCREW YOUR NEIGHBOR</p>
<p>26</p> <p>9:15 DAILY EXERCISE</p> <p>10:30 ZUMBA GOLD</p> <p>11:30 CHAIR AEROBICS</p> <p>1:30 SCREW YOUR NEIGHBOR</p> <p>2:00 PING-PONG/CORN HOLE</p>	<p>27</p> <p>9:15 CARDIO DRUMMING</p> <p>10:45 BEGINNING PILATES</p> <p>11:45 CHAIR ZUMBA</p> <p>12:30 POKER</p> <p>1:00 EUCHRE</p> <p>1:00 CHAIR YOGA</p> <p>3:00 LINE DANCING</p> <p>5:00 GLEE CLUB - NEW</p> <p>5:30 YOGA</p>	<p>CALENDAR HIGHLIGHTS</p> <p>2/2 PUZZLE PALOOZA 1PM</p> <p>2/3 PILATES BEGINS 10:45AM</p> <p>2/3 STRESS REDUCTIONS 12:30PM</p> <p>2/3 GLEE CLUB 5PM **NEW**WEEKLY</p> <p>2/6 KARAOKE 12PM</p> <p>2/16 PRESIDENTS DAY CLOSED</p> <p>2/17 KARAOKE 12PM</p> <p>2/18 GAME NIGHT 4PM</p> <p>2/18 CARDIO DRUM CANCELED</p> <p>2/19 ATTORNEY 2PM</p> <p>2/20 COMMUNITY TRIVIA 10AM</p> <p>2/25 FRAUD SEMINAR 10AM</p> <p>2/26 SURVEY SAYS 5PM</p> <p>2/26 MMAF COUNSELING BY APPT.</p> <p>MARCH</p> <p>3/4 CASINO - HOLLYWOOD 8:30AM</p> <p>3/9 MOBILE SECRETARY OF STATE 9AM</p> <p>3/18 LUNCH CLUB 11:15AM</p> <p>3/20 JUKEBOX BINGO 12PM</p> <p>3/27 DIAMOND ART 1PM</p>		